

**2019**  
European  
Masters  
Games



**Torino** | Italy

**26 July** | **4 August**

# Sport for life, Sport for all.



## The Torino experience involves all your senses

**T**orino, capital of the Piedmont Region of northwest Italy, is an important business and cultural centre with an urban population of just under 950.000. The metropolitan area of Torino has an estimated 2.2 million inhabitants.

In Torino nature surrounds you in the form of huge parks (more than 18 million square metres of greenery), tree-lined boulevards, and the banks of the Po and of the other rivers that traverse the city and on the gentle slopes of the hills, a stone's throw from the city centre, which mellow the landscape and contrast with the extraordinary backdrop of the Alps.



Torino wins you over at first glance: from its 18 km of arcades, its squares, churches, baroque palaces and buildings marking its status as the first capital of United Italy, to the series of Royal Residences named World Heritage sites by Unesco.

Torino satisfies everyone's passion for art and culture. The shows, the temporary and permanent exhibitions housed at the Modern Art Gallery and at Rivoli Castle or at the private Foundations and galleries make it one of the capitals of contemporary art. And to these should be added a massive system of more than 50 museums, outstanding among which are the National Film Museum, the Egyptian Museum, second only to Cairo, and the new Museum of Oriental Art.

Then again, Torino is a delight to the palate with its extraordinary wines and dishes from its renowned gastronomic tradition. Among its specialities the leading place goes to chocolate to be savoured in the splendid rooms of the city's historic cafés, ideal venues for sampling pralines, cremini and gianduiotti, not to mention the "Bicerin", the traditional chocolate-based drink.



## A 360-degree view of Torino



From the end of the 1800s and for almost a century, Torino was Italy's leading factory town and its formidable development was both advanced and driven by the car manufacturing industry. An industry that still today plays a vital role in a City that in the past twenty years in particular has taken on a number of identities and vocations:

- Torino is a financial city where the main offices of two of the country's largest banks (Intesa San Paolo and Unicredit) are based, as well as some of the most important assets in the insurance sector
- Torino is a city with a service industry which has expanded in all directions in recent years
- Torino is a large university city with 100,000 students, 15,000 of whom are foreigners, and two excellent higher education facilities, the university and the Polytechnic, in addition to prestigious national and international institutions in the education and knowledge sector
- Torino is a city in favor of solidarity with an extraordinary network of services, people and organizations which believe that welfare and its policies are also factors of development, wealth and work and which operate daily to develop the conditions necessary for ever increasing social cohesion, supporting those who are most fragile and creating Programs for social harmony between different cultures and generations.
- Torino is a cultural capital, with one of the widest and most valid cultural Programs in Italy, and is one of the most desirable tourist destinations in Italy, with numbers on the increase and expansion of new activities relating to tourist reception and services

- Torino is a city of sport, in fact boasts a great sporting tradition - the Club Alpino Italiano and the Reale Società Ginnastica were founded here in 1863 and 1844 respectively.
- Torino It is not only the city of Juventus and Torino football clubs, it was also the cradle of many Italian sports such as rowing, fencing, field athletics, cycling and gymnastics.
- Finally, Torino moves to the sounds and rhythms of the latest musical trends. Entire areas of the city have been reborn to offer thousands of opportunities to meet, dance or just hang around late, like the Roman Quadrilateral, a historic centre of age-old charm with its invasion of bars, art galleries, wineries, restaurants and boutiques open till late, or the Borgo Dora district, multiethnic heart of the city, at night-time more and more home to creativity and the movida.



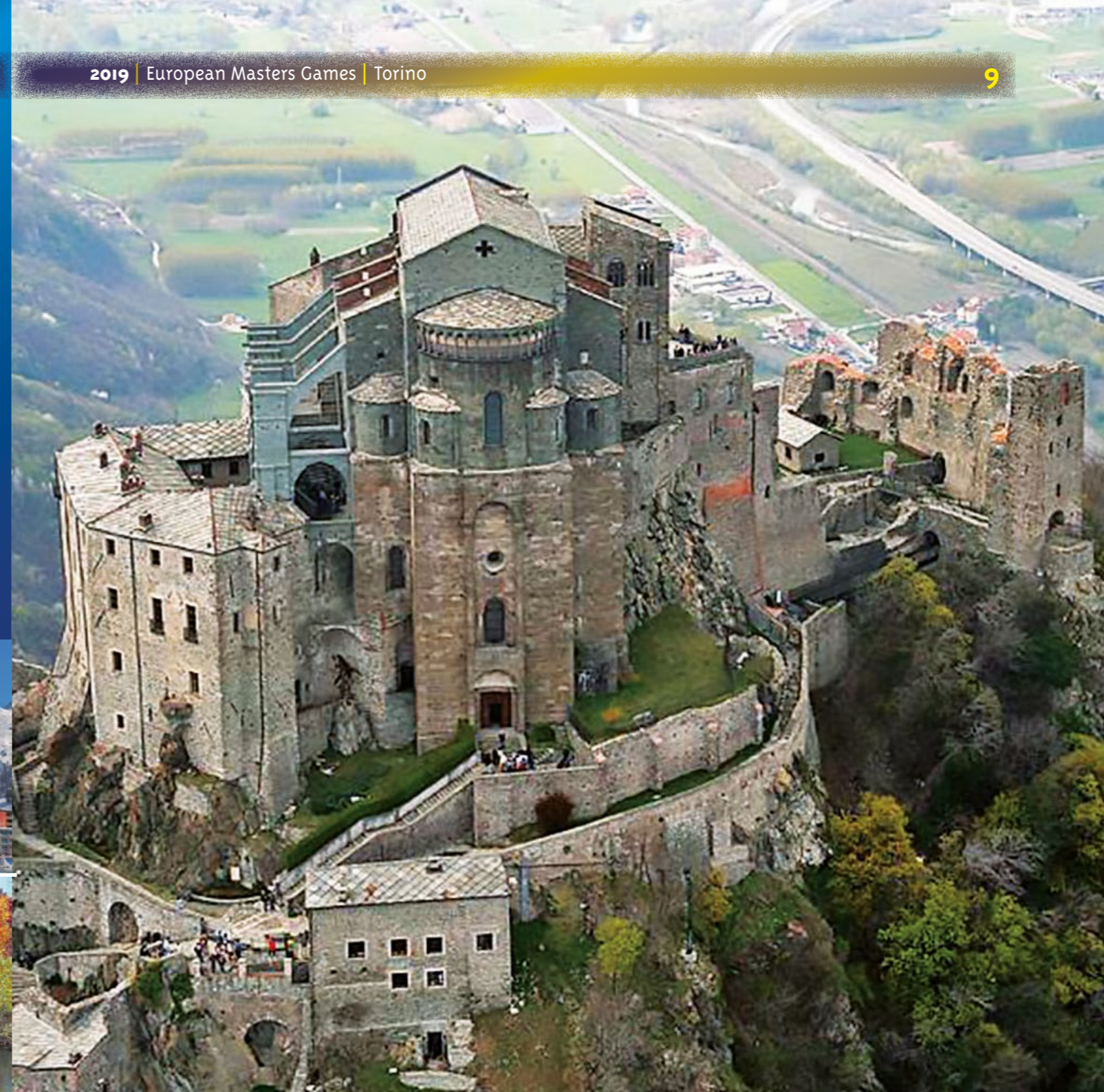
# In Piedmont all roads lead to beauty

**S**tart your journey and select the road you prefer to find out about and appreciate all the beauty of this region. You can take the road of History, which will lead you to fortresses, castles and abbeys that have seen the transit of merchants and pilgrims, of Hannibal and Napoleon. A journey that continues in the splendour of the Savoy Residences, twelve architectural gems that Unesco has declared to be World Heritage sites.

Or else you can try the road of Taste, and investigate a heritage of unique food flavours, tastes and traditions that include the white truffle of Alba, fine wines - Barolo, Barbaresco, Barbera, Asti Spumante - rice, cheeses and an age-old tradition of artisan chocolate.

Or indulge in Culture and you will come across towns and villages of great tradition where the wealth of folklore typical of Piedmont mingles with shows, fairs, events and spectacles of all kinds.

Or, finally, choose the road of Nature and you will find yourself immersed in the heart of an environmental heritage that spreads from the Alps to the Apennines and that will lead you from the peace of the lakes to the Po valley, from the National Park of the Gran Paradiso to the magic of the Langhe. And, of course, this road continues into the unforgettable all-season mountains with their two thousand kilometres of ski slopes for lovers of winter sports which become a trekking paradise in summer.



## A vibrant and dynamic sports city

After the Torino Winter Olympics in 2006 and several sporting events of the highest level, culminated with the proclamation of Torino as "European Capital of Sport" in 2015, the international community looks with admiration at the vocation and organizational efficiency of the city, which aims to host further prestigious sport events.

Olympic infrastructures, hotel availability, easy accessibility, know-how acquired in the management of world events, the pleasantness of the territory and the strong eno-gastronomic tradition, along with the synergic interaction with local and central authorities complete the positive assets, very key strengths that make Torino the City to host major sporting events.



In order to continue on this strategic guideline of City of sport, of passion and sporting values, of culture and availability of many olympic volunteers, the City decided to host the European Masters Games, to be held in summer 2019. Torino has always been a leading figure of excellence in the world of Italian sport and its athletes and teams have achieved success and reached important milestones at national and international level in every sport disciplines.

The World Masters Games of Torino 2013, which were a great success and met with enthusiasm on the part of the whole of Torino inhabitants, demonstrated the city's expertise in hosting and enhancing to the full great sporting events involving an extensive network of

International Sports Federations and Associations, with hundreds of thousands of people in basic sports activities.

Torino highlights the multifaceted nature of a city that has been able to transform itself over the years, to turn from an industrial centre into a university city, and one which invests in research and innovation, tourism, culture and technology.



With the European Masters Games, Torino will succeed once again in confirming its international status, as a city that lends its support to all those elements, sport first and foremost, able to promote the values that form the basis of the EU's policies and its White Paper on Sport.

The Games will be a festival of sport involving athletes, companions, public and the territory as a whole. For participants, as for their teams, these Games will provide an opportunity to discover and re-discover a territory that is quite unique and that owes its international renown to an incredible variety of high quality features, to be experienced and enjoyed to the full.

# Sport Program

The main goal of the Torino EMG 2019 Sports Program is to offer a wide range of participation at an international event with a multitude of different sport disciplines, encouraging mature athletes from all over Europe to practice sport regardless of their gender, race, religion or sports experience, setting an example to inspire the young and to make them recognize that one can continue to practice competitive sport throughout one's life.

In other words, the philosophies of "sport for life" and "sport for all" merged, motivating involvement in the Games not so much for the absolute athletic results but to practice sport in the long term for the physical wellbeing of the individual. To this end, the Organizing Committee set out to organize a world-class sporting event that respected the rules set by the Sports Federations, and guaranteeing the highest level of security for the Athletes.

In the EMG 2019 Sport Program have been included the sports that the IMGA defines as Core Sports, plus a number of Optional Sports that the Organizing Committee decided to add to meet the expectations of many Masters. According to IMGA requirements 3 Sport will be organized simultaneously for the European Masters Games as European Championships concerning to: Hand Ball, Sport Dancing and Floorball - Unihockey.

The Organizing Committee's approach is to ask the Italian Sports Federations to manage the sports in close collaboration with the Local Sporting Club; with their experience and the qualified staff at their disposal. Intense coordination between the Organizing Committee and the Sport Federations will allow to finalize the Sports, Discipline and Venues



## Preliminary Sport Program

The Program may be subject to changes in Sports and Competitions Schedule

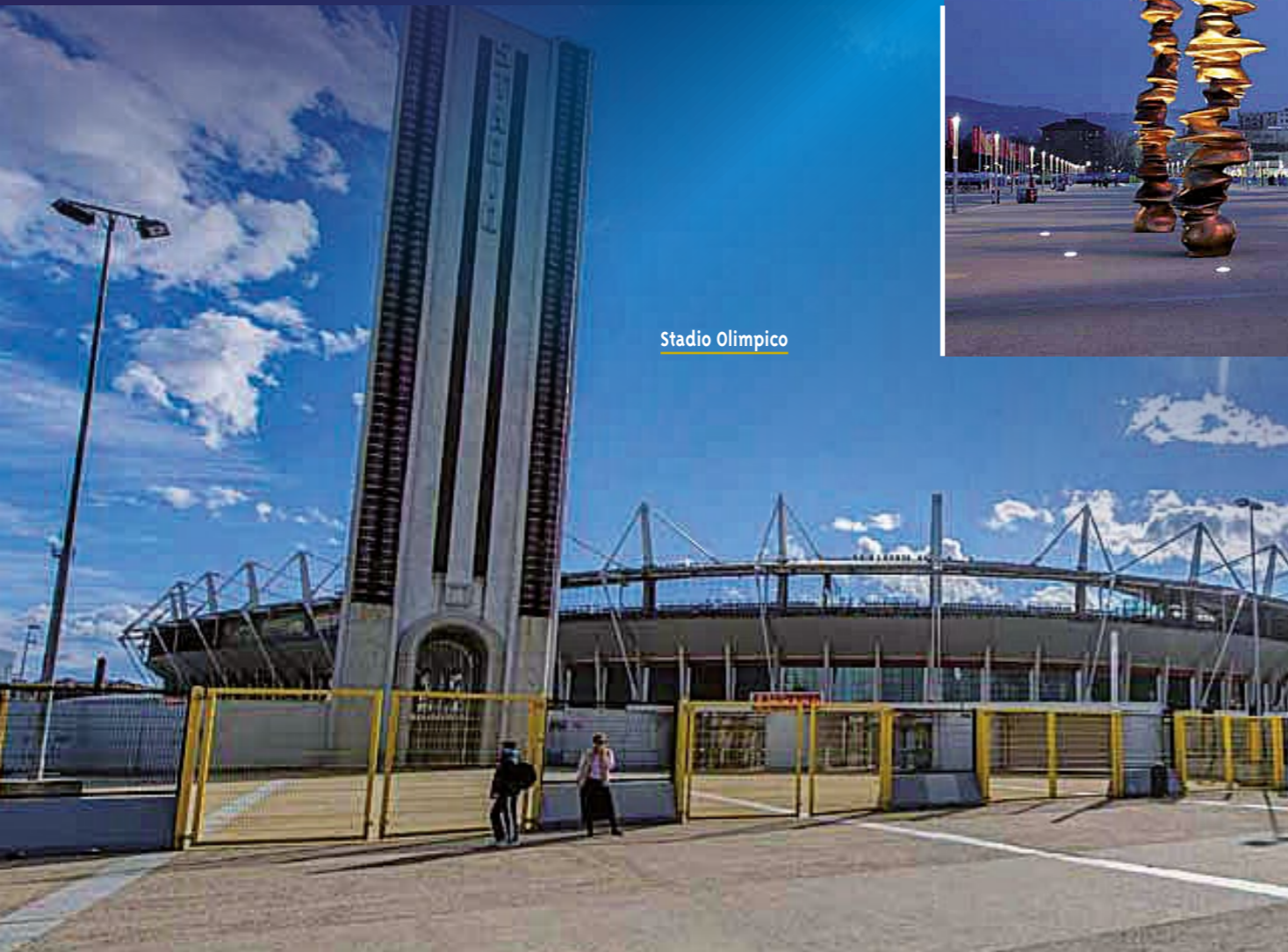
| Sport | Discipline           | Disabled Sport | 2019        |               |             |             |              |                |              |            |              |            |  |  |
|-------|----------------------|----------------|-------------|---------------|-------------|-------------|--------------|----------------|--------------|------------|--------------|------------|--|--|
|       |                      |                | July        |               |             |             |              |                |              | August     |              |            |  |  |
|       |                      |                | Friday 26th | Saturday 27th | Sunday 28th | Monday 29th | Tuesday 30th | Wednesday 31st | Thursday 1st | Friday 2nd | Saturday 3rd | Sunday 4th |  |  |
| 1     | Archery              | X              |             |               |             |             |              |                |              |            |              |            |  |  |
| 2     | Athletics            | Track&Field    | X           |               |             |             |              |                |              |            |              |            |  |  |
|       |                      | Cross Country  |             |               |             |             |              |                |              |            |              |            |  |  |
|       |                      | 10Km           |             |               |             |             |              |                |              |            |              |            |  |  |
|       |                      | Half Marathon  |             |               |             |             |              |                |              |            |              |            |  |  |
| 3     | Badminton            |                |             |               |             |             |              |                |              |            |              |            |  |  |
| 4     | Basketball           |                |             |               |             |             |              |                |              |            |              |            |  |  |
| 5     | Beachvolley          |                |             |               |             |             |              |                |              |            |              |            |  |  |
| 6     | Canoa - Kayak        |                |             |               |             |             |              |                |              |            |              |            |  |  |
| 7     | Cycling              | Road Race      | X           |               |             |             |              |                |              |            |              |            |  |  |
|       |                      | Time Trial     |             |               |             |             |              |                |              |            |              |            |  |  |
|       |                      | Mountain Bike  |             |               |             |             |              |                |              |            |              |            |  |  |
| 8     | Dance Sport          |                |             |               |             |             |              |                |              |            |              |            |  |  |
| 9     | Fencing              |                |             |               |             |             |              |                |              |            |              |            |  |  |
| 10    | Football             |                |             |               |             |             |              |                |              |            |              |            |  |  |
| 11    | Field Hockey         |                |             |               |             |             |              |                |              |            |              |            |  |  |
| 12    | Floorball - Inhockey |                |             |               |             |             |              |                |              |            |              |            |  |  |
| 13    | Golf                 |                |             |               |             |             |              |                |              |            |              |            |  |  |
| 14    | Hand Ball            |                |             |               |             |             |              |                |              |            |              |            |  |  |
| 15    | Judo                 |                |             |               |             |             |              |                |              |            |              |            |  |  |
| 16    | Karate               |                |             |               |             |             |              |                |              |            |              |            |  |  |
| 17    | Paragliding          |                |             |               |             |             |              |                |              |            |              |            |  |  |
| 18    | Rowing               |                |             |               |             |             |              |                |              |            |              |            |  |  |
| 19    | Rugby                |                |             |               |             |             |              |                |              |            |              |            |  |  |
| 20    | Sailing              |                |             |               |             |             |              |                |              |            |              |            |  |  |
| 21    | Shooting             | Pistol & Rifle |             |               |             |             |              |                |              |            |              |            |  |  |
| 22    |                      | Clay Target    |             |               |             |             |              |                |              |            |              |            |  |  |
| 23    | Squash               |                |             |               |             |             |              |                |              |            |              |            |  |  |
| 24    | Swimming             | X              |             |               |             |             |              |                |              |            |              |            |  |  |
| 25    | Taekwondo            |                |             |               |             |             |              |                |              |            |              |            |  |  |
| 26    | Table Tennis         | X              |             |               |             |             |              |                |              |            |              |            |  |  |
| 27    | Tennis               |                |             |               |             |             |              |                |              |            |              |            |  |  |
| 28    | Triathlon Sprint     |                |             |               |             |             |              |                |              |            |              |            |  |  |
| 29    | Volleyball           |                |             |               |             |             |              |                |              |            |              |            |  |  |
| 30    | Weightlifting        |                |             |               |             |             |              |                |              |            |              |            |  |  |

Opening Ceremony

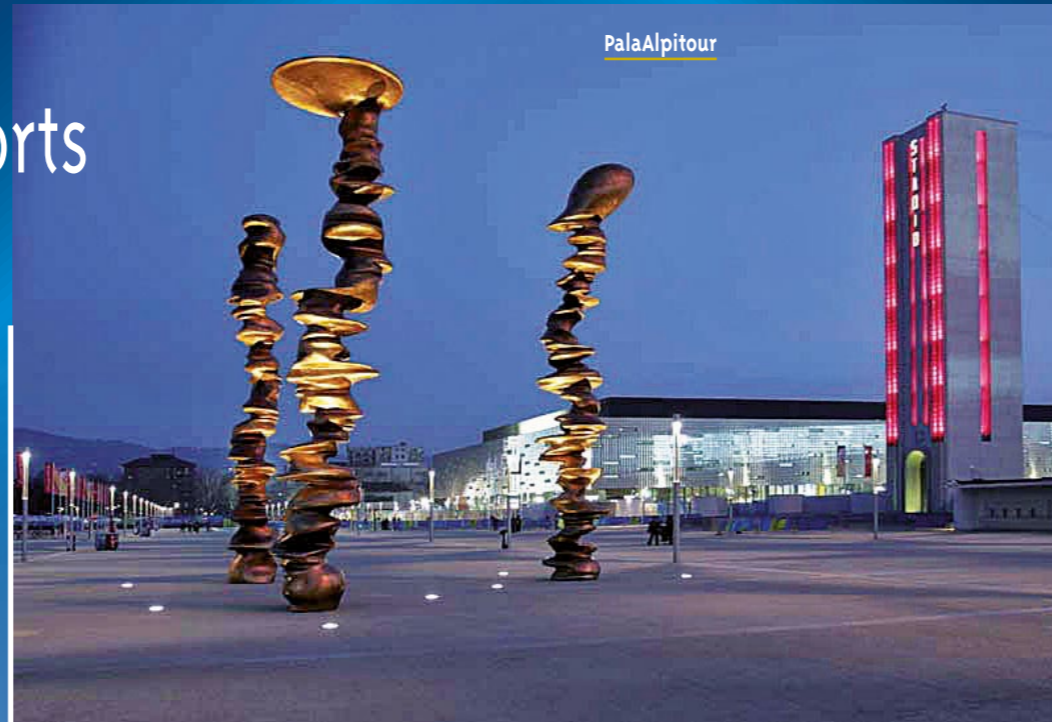
Closing Ceremony

# Sports infrastructure

Lots of facilities for lots of sports



Stadio Olimpico



PalaAlpitour



Palavela



Piscina Stadio Monumentale



Palazzo del Nuoto





Palazzetto dello Sport



Palazzo del Nuoto

PalaTazzoli



PalaTazzoli



Le Cupole



Stadio Primo Nebiolo



Palazzetto dello Sport



Palestra Arrampicata



Oval Lingotto

# Accessibility to the City

The City currently has a large number of rail, road and flights accessibility.

Torino is serviced by two airports:

- Caselle International Airport
- Malpensa 2.000 Intercontinental Airport.

The official Torino international airport is "Sandro Pertini Airport", the air terminal was completely restyled for the XX Winter Olympic Games, to deal with the heavy air traffic.



The Airport has ample and well-tested services to handle all the air passengers and goods expected for the EMG 2019 event, and to provide efficient service to every client. Here below some Airport figures:

- Number of national and international departure gates: 22 gates and 6 fingers.
- Terminal capacity [passengers/hour]: annual capacity: " 5.000.000 passengers and 5.000 passengers/hour with flexibility in the use of the facility.



- Night flight ban: H24 operational, Curfew for scheduled flights from 23.00 to 06.00 local time.
- Location: Strada San Maurizio 12 - 10072 Caselle Torinese (TO) - Italy

Intercontinental connections to/from Torino can be daily guaranteed with the following companies airlines: Air France, KLM, British Airways, Ryanair, Alitalia, Lufthansa etc.

European cities connected daily to Torino are: Amsterdam, Munchen, Frankfurt, Madrid, London, Paris, Brussels, Barcelona, Valencia, Luxembourg and Valletta (Malta) etc. A new railway line connect Malpensa 2000 to Torino in less than an hour.

The Torino Airport is 18 km from the city centre and linked to it by a dedicated motorway, which also feeds into Torino North Ring Road (Tangenziale Nord). Travel time from Torino Airport to the city is from 20 to 40 minutes depending on the destination.



Extensive and modern, the motorway system in Piedmont is one of the most efficient in Italy and provides rapid, easy connections to Torino, the heart of the entire network. For those coming from Aosta Valley (A5), Lombardy (A4 and A21), Liguria (A26-A21 and A6), France (A32) or the rest of Piedmont, each motorway joins the Torino Tangenziale Ring Road (A55) that avoids having to cross the city centre. Additionally there are also the regional roads that reach all the main tourist spots in the province. Torino's stations receive trains coming from all the main locations in Italy and Europe, such as Palermo, Barcelona, Lyons and Paris, and then destinations in Switzerland, Austria, Germany and Eastern Europe can all be reached with just one change of connection. The rail network's innovation has been boosted by the high-speed lines inaugurated in 2006 up to Novara, and due to connect Torino with Salerno, passing through Milan, Bologna, Florence, Rome and Naples by December 2009.

Torino is also very well linked both to the Italian railway system and to that of neighbouring countries. High speed trains are used nationally and internationally, Frecciarossa and Italo for Italy and TGV for France, and allow to reach Lyon in 2h 30' hours and Paris in about 5 hours. The new high-speed lines also allow to reach Milan in only 44 minutes and Rome in 4h 05'.



# Torino | Treasures of art and culture



# Torino | Food and Wine Tradition



# Torino | Shopping in the Arcades



# Torino | Hotel in the City and Lake





INTERNATIONAL  
MASTERS  
GAMES  
ASSOCIATIONS

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